

APPENDIX A

THE GOSPEL

For those who want to spend eternity with Jesus Christ instead of the Lake of Fire there is Hope! Everyone is a sinner in need of salvation:

For all have sinned, and come short of the glory of God. (Romans 3.23)

Those who die in their sins will be judged and suffer punishment in the Lake of Fire for all eternity:

And as it is appointed unto men once to die, but after this the judgment. (Hebrews 9.27)

And these shall go away into everlasting punishment: but the righteous into life eternal. (Matthew 25.46)

He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him. (John 3.36)

And whosoever was not found written in the book of life was cast into the lake of fire. (Revelation 20.15)

For what shall it profit a man, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul? (Mark 8.36-37)

Yet even though all have sinned, one can escape eternal punishment in the Lake of Fire, and have eternal life through Jesus Christ:

For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord. (Romans 6.23)

Salvation is available to all because:

But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. (Romans 5.8)

Belief in Jesus Christ is the only way to be saved:

Jesus saith unto him, I am the way, the truth and the life: no one cometh unto the Father, but by me.” (John 14.6)

Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved. (Acts 4.12)

Salvation is by grace through faith in Jesus Christ alone:

For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast. (Ephesians 2.8-9)

What must one do to be saved?

That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation. (Romans 10:9-10)

If you believe God the Father raised Jesus from the dead, call upon Jesus Christ to save you right now:

For whosoever shall call upon the name of the Lord shall be saved. (Romans 10.13)

Today is your day of salvation:

Behold now is the day of salvation! (2 Corinthians 6.2b)

Receive Jesus today for you do not know what tomorrow may bring:

But as many as received him, to them gave he power to become the sons of God, even to them that believe on his name. (John 1.12)

SHORT GOSPEL PRESENTATION

Everyone is a sinner in need of salvation:

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APPENDIX B

FAITH CHECK

Take a few minutes and examine your daily walk with Jesus.

Spiritual Activities	Average Time Spent Daily
Prayer	_____
Reading and studying the Bible	_____
Memorization & review	_____
Meditation	_____
Devotions with family	_____
Fellowship with believers	_____
Sharing the Gospel	_____
Helping others	_____
Total time serving Jesus	_____

Activities of the Flesh	Average Time Spent Daily
Watching TV & movies	_____
Reading (secular books)	_____
Hobbies	_____
Recreation	_____
Attending sporting events	_____
Socializing (in person or by phone)	_____
Shopping	_____
Other non-spiritual activities	_____
Total time serving yourself	_____

APPENDIX C

SPIRITUAL FITNESS PROGRAM

Here several things you should consider doing on a daily or regular basis:

- 1 - **Pray** (Matthew 7.7-11; Luke 18.1-8; John 14.13-14; 16.24; Ephesians 6.18; James 1.5; 1 Thessalonians 5.17).
- 2 - **Listen** to Scripture (Deuteronomy 4.9-10; Proverbs 8.34; Luke 8.15, 21; 11.28; James 1.22; Revelation 1.3).
- 3 - **Read** Scripture (Deuteronomy 17.19; Psalm 42.1-2; 63.1; 143.6; Revelation 1.3).
- 4 - **Study** Scripture (Deuteronomy 8.3; Matthew 4.4; Proverbs 2.1-5; 8.34; 22.17; John 5.39; Acts 17.11; Romans 15.4; 2 Timothy 2.15; 3.15).
- 5 - **Memorize** Scripture (Deuteronomy 6.6; 11.18; 30.14; Psalm 37.31; 40.8; 119.11; Proverbs 2.1; 3.1, 3; 4.1, 21; 6.21; 22.18; Isaiah 51.7; Ezekiel 3.10; Romans 10.8; Colossians 3.16).
- 6 - **Meditate** on Scripture (Joshua 1.8; Job 22.22; 23.12; Psalm 1.2; 4.4; 19.14; 63.6; 77.12; 104.34; 119.15, 23, 27, 48, 78, 97, 99, 148; 143.5; Colossians 3.16; 1 Timothy 4.15)
- 7 - **Fellowship** with the brethren (Psalm 119.63; Proverbs 13.20; Acts 2.42, 46-47; 5.42; Hebrews 3.13; 10.24-25; 1 John 1.7)
- 8 - **Share the Gospel** (Ps. 96.2; Mk. 16.15; Acts 2.47; 1 Peter 3.15).
- 9 - **Make disciples** (Deuteronomy 4.9-10; 6.5-7; 11.18-19; 32.46; Psalm 78.3-7; Matthew 28.19-20; 2 Timothy 2.2).

1. **PRAY:** Pray as often as you can, wherever you are. Pray for your family, friends, fellow employees, employer, church members, pastors, and city, state and federal politicians. Pray with your family daily and with church members on a regular basis. Begin and end each day in prayer, and pray throughout the day.

2. **LISTEN TO SCRIPTURE:** Play recordings of the Bible and listen to sermons and studies.

3. **READ SCRIPTURE:** Make a reading program and stay with it. If you read three chapters a day in the Old Testament and one in the New Testament you will read the Bible through in one year. It is also important to read one chapter of Proverbs each day. It does not take more than a half-hour a day to read five chapters.

4. **STUDY SCRIPTURE:** Choose a book of the Bible or a topic to study, and stay with it until you finish it (see Steps 12, 15, 16).

5. **MEMORIZE SCRIPTURE:** Memorize key verses. In Step 11 there is a list of key verses you may consider memorizing (p. 77).

6. **MEDITATE ON SCRIPTURE:** Once you have a few verses memorized you can meditate on them any time of the day, and wherever you are. Until then keep a pocket Bible or pocket New Testament handy. Keep a Bible and a few New Testaments in your car at all times for yourself and others. Get into the habit of giving out Bibles and pocket New Testaments. Go to page 76 for tips on meditation.

7. **FELLOWSHIP WITH THE BRETHREN:** Become an active member of a church. Support the church with your time, talents, spiritual gifts and money. Go to the pastor and volunteer your time, talents and gifts.

8. **SHARE THE GOSPEL:** Once you learn how to share the Gospel be ready to do so 24/7. Be sensitive to the leading of the Holy Spirit to share the Gospel. Carry tracts with you and hand them out as you are prompted by the Holy Spirit. If the person(s) wants to talk – speak with them, but if they do not want to talk ask them to read the tract, and pray as you walk away. Keep a diary of your witnessing. When you lead someone to the Lord invite them to church, and make sure they become an active member. If you are not mature enough to disciple them ask your pastor(s) to find someone to disciple them.

9. **MAKE DISCIPLES:** Once you have been discipled, start to disciple others. If you are a husband disciple your wife. If you are a father disciple your children. If you are a mother disciple your children with your husband. If you are single lead a person to the Lord and disciple him/her.

APPENDIX D

HUMILITY

Humility is a spiritual trait that few Christians have because it is impossible to obtain it through the flesh. Humility only comes when a Christian surrenders his life to the Lord every day. Surrender is daily obedience to God and dying to self, the flesh and the world.

One obeys God by praying throughout the day from morning to night (1 Thessalonians 5.17); by daily reading, studying, memorizing and meditating on Scripture (Appendix C); by regular fellowship with the brethren (Psalm 119.63; Proverbs 13.20; Acts 2.42, 46-47; 5.42; Hebrews 3.13; 10.24-25; 1 John 1.7); by continually sharing of the Gospel (Psalm 96.2; Acts 2.47; 1 Peter 3.15) and by making disciples (Deuteronomy 4.9-10; 6.5-7; 32.46; Psalm 78.3-7; Matthew 28.19-20; 2 Timothy 2.2).

A Christian dies to himself every day by not doing things that feed the ego. Instead of spending time seeking to have one's ego built up by approval, attention, love, respect and honor from others, and by seeking fame, glory and riches we need to seek how we can build others up by giving approval to their good deeds, and by giving them attention, love, respect and honor (Philippians 2.1-9). Humility comes by building others up in the faith, not demanding others build us up in the faith or build up our egos.

A believer dies to the flesh daily by not engaging in sins or in things that the sinful flesh desires. Two of the most prevalent sins of the flesh are gluttony and intoxication by alcohol or drugs. Excessive indulgences in some other activities of the flesh that Christians should consider curbing are: sex, partying, sports, hobbies, vacationing and sunbathing. The goal of a believer who seeks to die to himself is to spend more time in spiritual activities than activities of the flesh which are not necessary for survival. Everyone must eat to live, but gluttony is a sin. Everyone needs to engage in bodily exercise, but too many Christians spend more time exercising than they do praying and reading the Bible. The same is true of sex, partying, sports, hobbies, and sunbathing for many Christians. These things are not sins, but excessive indulgence in them is. Only wealthy Christians vacation too much, and that is something they could cut back on. If they cannot cut back they can invite and pay the expenses of a brother, sister or couple in the Lord that cannot afford to go on vacation. That way they can

spend time on vacation in the Word, prayer and in soulwinning with them.

A believer dies to the world by reducing his involvement in certain worldly activities or by cutting them out altogether. Some worldly activities that most Christians spend far too much time engaged in are: television, movies, music, Internet, politics, non-spiritual books and magazines, and seeking to accumulate wealth and possessions. Every Christian who desires to die to self and live a holy life for the glory of God will spend more time each day in prayer, Scripture, fellowship and soulwinning than in activities of the world.

We know we are growing in the Lord and dying to ourselves, the flesh and the world when our self love, our love of the flesh and our love of the world diminishes:

Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world. And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever. (1 John 2.15-17)

The more these sinful desires diminish the humbler one will be. Pride is the opposite of humility. Pride is the root of every sin. There is no sin a person can commit that does not spring from pride. That is why the key to holy living is to be humble. Humility replaces pride and when pride is vanquished so is sin. No one can ever eliminate all traces of pride and sin, but it should be the goal of every true believer.

Humility is a spiritual trait that every Christian should not only desire, but actively seek after. God does not use His children to bring Him glory until they are humble. A believer who humbles himself before God will be looked upon by God with grace (Isaiah 66.2; Proverbs 3.34; James 4.6) and He will have regard for him (Psalm 138.6). And when we humble ourselves before God and those around us He will exalt us (James 4.10). We must never forget that all Christians are commanded to “*humble*” themselves before God (1 Peter 5.6), “*walk humbly with*” God (Micah 6.8), be “*humble in spirit*” (1 Peter 3.8), clothe themselves “*with humility*” (1 Peter 5.5) and to not be proud (Romans 12.16).

Humility is always better than pride (Proverbs 16.19) and it is the only way to obtain true riches, honor and life (Proverbs 22.4). Pride

will bring a person down while humility will bring him honor (Proverbs 11.2; 16.18; 29.23). We must also remember that there are numerous warnings against pride (Psalm 10.2; 40.4; 73.6; 119.78; Proverbs 3.7; 26.12; 28.25; Isaiah 5.21; 13.11; John 9.41; Revelation 3.17). Pride is a sin (Proverbs 21.4), and it is one of the seven things that God hates (Proverbs 8.13). It is an abomination to Him (Proverbs 6.17).

Humility is one of the most difficult traits for anyone to obtain. No one can be humble in his own power. We must rely on the power of the Holy Spirit to impart humility to us. Yet there are specific things we must do on a daily and regular basis before He will give us humility. The daily things we need to do as noted previously are pray, read, study, memorize and meditate on Scripture. The things one should do on a regular basis are fellowship with the brethren, share the Gospel with the lost as the Holy Spirit leads and make disciples. These are the basics, but there are many other things a dedicated Christian should do on a daily or regular basis:

Love God with all your heart, soul, mind, and strength

(Deuteronomy 6.5; Mark 12.30)

Draw near to God (James 4.8)

Seek first the kingdom of God (Matthew 6.33)

Put on the armor of God (Ephesians 6.10-18)

Fight the good fight of faith (1 Timothy 6.12)

Present your body a living sacrifice to God (Romans 12.1)

Transform your mind (Romans 12.2)

Take up your cross (Matthew 10.38-39; 16.24-26)

Deny yourself (Isaiah 58.13-14; Matthew 16.24-25)

Keep the commandments (1 John 5.2-3)

Cleanse your hands and purify your hearts (James 4.8)

Be content in your circumstances (Philippians 4.3; 1 Timothy 6.6-8; Hebrews 13.5)

Give thanks in all circumstances (1 Thessalonians 5.18)

Rejoice always and in all things (1 Thessalonians 5.16; Romans 5.3; James 1.2)

Continually offer praise to God (Hebrews 13.15)

Forsake the world and all that is in it (Romans 12.2; Galatians 6.14; 1 Peter 1.14; 1 John 2.15-17)

Flee from seeking after riches (1 Timothy 6.9-11)

Do not grieve and quench the Holy Spirit (Ephesians 4.30; 1 Thessalonians 5.19)

Resist the devil (James 4.7; 1 Peter 5.9)

Submit to others (Ephesians 5.21)

Obey your spiritual leaders (Hebrews 13.17)

Serve each other (Galatians 5.13; 1 Peter 4.10)

Love the brethren (John 13.34-35; James 2.15-16; 1 John 3.16-18)

Love your neighbor, the lost and your enemies (Leviticus 19.18; Proverbs 25.21; Matthew 5.43-48; Mark 12.31)

Be rich in good works (1 Timothy 6.18; Galatians 6.10; Ephesians 2.10; 2 Timothy 3.17; Hebrews 13.16)

Do not grow weary in doing good works (2 Thessalonians 3. 13)

Give to the Lord in secret (Matthew 6.1-4)

Give to those in need (Leviticus 25.35; Deuteronomy 15.7; Proverbs 11.24-25; 19.17; 21.13; 22.9; 28.27; Ecclesiastes 11.1; Isaiah 58.7; Matthew 5.42; Luke 6.38; 12.33; Acts 11.29; Romans 12.13; Hebrews 13.1-2; James 1.27; 1 Peter 4.9)

Be hospitable (Romans 12.13; 1 Timothy 5.10; Hebrews 13.1-2; 1 Peter 4.9)

Visit orphans and widows (James 1.27)

Lead a tranquil and quiet life in all godliness and dignity (1 Timothy 2.1)

Seek good and not evil, hate evil and love good, and establish justice (Amos 5.14-15; Proverbs 8.13)

Keep from stumbling in what you say, control your tongue and control your body (Psalm 101.5; Proverbs 10.18; 13.3; 21.23; James 1.26; 3.2; 1 Peter 3.10).

Do not speak deceitfully and evil of others, but in a manner that edifies and builds up others (Psalm 34.13; Proverbs 4.24; 11.9; 18.20-21; Ecclesiastes 5.6; Ephesians 4.25, 31; James 4.11).

Do not be a busybody (2 Thess. 3.11-12; 1 Timothy 5.11-15; 1 Peter 4.15)

As we do these things day-by-day and not do evil things we will grow more humble and be used by YAHWEH for His glory (1 Corinthians 10.31) more each day. Others will see the Lord working through us and may be encouraged to follow our example. Pastors must set an example for the flock (1 Peter 5.3) by engaging in the spiritual activities above and refraining from sinning. They should also encourage others to do the same. Pastors and all Christians should be the servant of all (Matthew 20.26-27; Mark 9.35; Luke 22.26).